

Amendments to the Abstract:

Please amend the abstract as follows:

~~An image forming and recording apparatus, having a fixing apparatus for fixing unfixed toner image on a recording medium, wherein said fixing apparatus comprises: a fixing roller integrating a heater therein; an endless belt wound around said fixing roller; and three (3) pressure members for pressing said endless belt onto said fixing roller, wherein second one from a side of entry of paper is made at maximum in pressure loading, among said three (3) pressure members, thereby achieving stable fixing of oil-less toner at high speed.~~

An image forming and recording apparatus, having a fixing apparatus for fixing unfixed toner image on a recording medium, wherein the fixing apparatus includes a fixing roller integrating a heater therein, an endless belt wound around the fixing roller, and three pressure members for pressing the endless belt onto the fixing roller. A pressure member located nearest to a side of entry of paper among the three pressure members is made up with a non-rotary type pressure member, and other two pressure members are made up with either one of a rotary type pressure member and the non-rotary type pressure member.